



Tips for Choosing Family Dental & Vision Benefits

Before you make any purchase, you probably spend time researching options, evaluating the choices and soliciting recommendations from family or friends. Choosing benefits can be a similar experience, and before you pick a dental/vision plan, **you should know the coverage options you need.**

If you are searching for **family benefits**, it's important to identify the family members' unique needs. In most families, members have different requirements for dental and vision care.



Children may need **dental coverage** for cosmetic orthodontia, braces, or cavity fillings. Dependents over 19 may need LASIK or the option of purchasing new eyeglasses annually. They might need teeth whitening coverage in addition to routine dental and vision exams.

Adults often experience changes in their oral and vision health as they age, which may require services beyond preventative care.



This is why families need flexible dental and vision coverage, and a plan that is tailored to their needs. Put together a checklist of the regular services you need to receive, and the one-off services that might be necessary.